

EARLYON IN-PERSON AND VIRTUAL PROGRAMS & SUPPORTS

Adventure Playground

Children will use their imaginations and ingenuity to build and shape the environment according to their own creative vision using natural materials during Adventure Playground!
This is an all-weather program, please dress appropriately. **Ages 2+**

Baby Play and Chat

Do you have a little one under 16 months? Wondering how to keep them engaged and learning? Join us as you and your baby connect through play as our Educators support and answer your questions around your child's growth and development. **Birth - 16 months**

Bedtime Stories

Grab your bedtime stuffy or blanket, get your pyjamas on, and join Miss Colleen on Tuesday evenings for bedtime stories and lullabies for your little ones via Zoom. If you fall asleep, that's okay, there will be plenty more next week! **All Ages**

Bienvenue Les Amis

Bonjour! Join us each week for songs and stories en Français! Whether you speak fluent French or just learning, we will ensure that your experiences with the French language is encouraging and FUN! **Ages 2+**

Crafty Story Time

Come and join the fun as we connect through stories, crafts and songs! We will read a new story each week while creating an art activity to go with it. Come for the story or the craft, or stay for both! **18 months+**

Cantamos Juntos

Join us Tuesday afternoon for our favourite circle time songs in Spanish! Whether you are fluent in the Spanish language, learning, or just curious, these songs will get you moving and dancing. Once we have gotten all of our energy out, we will share some of our favourite books with you during our story time. You won't want to miss all this fun! **Ages 2+**

Dad's Connect & Play

Please join us every 2nd Saturday morning of the month at our Cumberland location as we connect and play together! This is an opportunity to meet and engage with other dads, granddads, uncles and male caregivers in a safe, inclusive and interactive environment.

Family Fun Night

Looking for fun activities you can do as a family? Join us each week for family friendly games and activities that are enjoyable for all ages! **All Ages**

Infant Massage

This 5-week program gives parent/caregivers the opportunity to learn the benefits and techniques of infant massage while promoting the bond between infant-parent/caregiver. Please note attendance 5-week attendance is mandatory. **Birth - 8 months**

Les Petits Artistes

Bienvenue! Welcome! Join us Monday afternoon and get creative! Whether you are fluent in the French language, learning, or just curious, these crafts and materials will surely get us chatting! Each week will focus on a different set of materials relating to vocabulary words we get to learn together in French! Come prepared to get messy! Chaque enfant est un artiste!
All Ages

Little Foresters

Join our Educators, and our band of merry foresters as they venture into Sherwood Forest for a short hike. Each week there will be a fun forest activity and story, all while exploring the woods together! Are you ready for an adventure? This is an all-weather program, please dress appropriately. **Ages 18 months+**

Little Messy Makers

Join us at our Little Messy Makers registered program for children under 24 months. In this program we will provide activities that engage different senses and encourage child led exploration. The learning that will happen is well worth the “Little Mess”! **Birth - 24 months**

Mother Goose

Come and join us for virtual Mother Goose as we sing nursery rhymes, play simple singing games, and enjoy a fun and interactive time with your infants while chatting with each other in a relaxed and fun atmosphere. **Birth - 12 months**

Outdoor Classroom

Join us as we explore a local forest in all seasons. This program is guided by the children and their interests and our Forest School Educator and RECE are on hand to support the children and their caregivers in their play and inquiry. There is no such thing as bad weather, so please dress accordingly. **This is an all-weather program, please dress appropriately. Ages 2**

Sing-Along Circle Time

Do you miss circle time? Do your kids want to sing and dance to live music? Please join us for this fun and interactive circle so we can do all of that and more! **All Ages**

Sing and Share

Does your child have a favourite toy, talent, family pet, costume, or art work they would like to share with new friends? Join Leigh each week for this virtual program as she engages with the children through songs and sharing! **All Ages**

Stepping Stones

Does your child thrive in an environment where there is less stimulation? Join us for this sensory- controlled registered play group and learn about community supports while connecting with other families and playing in a fun safe space. **Birth+**

Song and Story Time

Join us for some of our favourite circle time songs that will get you up moving and dancing. Once we have gotten all of our energy out, we will share some of our favourite books with you during our story time. You won't want to miss all this fun! **Ages 2+**

Stay & Play Registered Drop-In

Come ‘Stay and Play’ with us! This open-ended play program gives you and your child a chance to enjoy our spacious play space, fun activities, and engage with other families at a safe physical distance! **This program is for children of all ages**

Teddy Bear Picnic

Join us for this registered program and bring your Teddy Bear for some songs, stories, rhymes and activities. You won't want to miss all this fun! **Ages 2+**

PARENTING SUPPORTS & GROUPS

Book Club

Join us as we dive into a good book with casual conversations all while exploring our child's development and making new connections. Books will be provided for the book club through curbside pick-up. Please check our calendar and social media accounts to find out which book we will be reading.

Introducing Early Years Peer Support Providers

Peer support is emotional and practical support between those who share a common experience, and through their similar lived experiences and specialized training they are able to support families that lead to improved outcomes. At EarlyON Child & Family Centre, we believe in the value of peer support in the delivery of our programs and services and in the benefit of peer support to our families.

Please welcome Alison Wood, our Early Years Peer Support Provider! Alison will be on-site to chat at our various EarlyON locations throughout Burlington. Please check the schedule to see when and where Alison will be available each week. Virtual peer support is also available each Tuesday during walk-in hours, for more information please email earlyon@rockonline.ca.

Parent Cafe

Come join in for a fun, collaborative, learning experience where you can share your ideas and thoughts in an open forum on topics such as: Self-Regulation, behavioural concerns, and other areas that are of interest to you. Please join us and our Community Partners as we offer support and provide resources on a variety of topics.

REACHout

Our parent-educator, Lindsay is available for parents seeking support for children 0-6 years old. Register for a 15-minute time-slot where you can privately ask questions about child development, challenging behaviours and other services that are available through ROCK and other community agencies.





As we resume in-person programs, please read and follow our PPE and screening procedures located on www.rockevents.ca for the safety of your family and our EarlyON Team.

Only registered families will be able to participate in our program so please ensure you are registering all adults and children attending.

Once you are registered for a program, a confirmation email will be sent with the program location and further information. Please check your junk mailbox if it's not in your inbox. **If you have location or program inquiries, please contact earlyon@rockonline.ca.**

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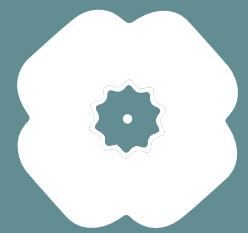
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NOVEMBER



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Cumberland	9:00-11:30am Infant Massage 1:00-3:30pm Les Petits Artistes Registered Drop-In	9:00-11:30am Stay & Play Registered Drop-In 1:30-3:00pm Mother Goose	9:00-11:30am Baby Play & Chat	1:00-3:30pm Little Messy Makers Registered Drop-In 1:00-3:30pm Stay & Play Registered Drop-In	9:00-11:30am Baby Play & Chat 1:00-3:30pm Stay & Play Registered Drop-In	9:30-11:30am Dads Connect & Play (2 nd Saturday of month)
St. Mark's	9:00-11:30am Stay & Play Registered Drop-In 1:00-3:30pm Craft Story Time	9:00-11:30am Stay & Play Registered Drop-In 1:00-3:30pm Stay & Play Registered Drop-In	9:00-11:30am Stepping Stones Registered Drop-In	9:00-11:30am Stay & Play Registered Drop-In 1:00-3:30pm Stay & Play Registered Drop-In	9:00-11:30am Teddy Bear Picnic 1:00-3:30pm Stay & Play Registered Drop-In	9:30-11:30am Stay & Play Registered Drop-In (4 th Saturday of month)
ROCK Hub - Warwick	9:00-11:30am Stay & Play Registered Drop-In	9:00-11:30am Stay & Play Registered Drop-In	9:00-11:30am Stay & Play Registered Drop-In	9:00-11:30am Stay & Play Registered Drop-In		
ROCK Hub - Burloak	9:00-11:30am Stay & Play Registered Drop-In				9:00-11:30am Stay & Play Registered Drop-In	
Outreach Programs		9:30-11:30am Outdoor Classroom (Tansley Woods)	9:30-11:30am Adventure Playground (Queensway Greenspace)	9:30-11:00am Little Foresters (Sherwood Forest) 1:30-3:00pm Outdoor Classroom (Orchard Woodlot)		
Virtual Programs AM	9:30-10:15am Sing Along Circle Time		9:30-10:15am Sing Along Circle Time			9:30-10:15am Sing & Share (1 st Saturday of month)
Virtual Programs PM	1:30-2:30pm Mother Goose 3:00-3:45pm Song & Story	1:30-2:15pm Cantamos Juntos 2:30-3:30pm Baby Play & Chat 6:00-6:30pm Bedtime Stories	4:00-4:45pm Sing & Share	6:30-7:30pm Family Fun Night	1:30-2:15pm Bienvenue Les Amis	
Virtual Parent Education	2:00-3:00pm REACHout	6:00-7:00pm Book Club (In-person @ St. Marks)		11:00-12:00pm REACHout	10:00-11:00am Parent Cafe	
Peer Support Provider	9:00-11:30am St. Mark Site November 1, 8, 22 & 28	All Day Walk-In	9:00-11:00am Warwick ROCKHub November 3, 10 & 24	1:00-3:30pm Cumberland Site November 11 & 25	1:30-3:30pm Cumberland Site November 5	