

# WHAT IS PSN ALL ABOUT?



PSN is a program within ROCK that offers free 2SLGBTQ+ programming for youth ages 6-24 across Halton Region (Burlington, Oakville, Milton and Halton Hills). We work towards a future where 2SLGBTQ+ people live in a safe, welcoming and supportive community.

**FREE ONGOING YOUTH PROGRAMS AND CAREGIVER/PARENT PEER SUPPORT GROUPS**



**STAYING CONNECTED IS EASY!**



Please visit our website to subscribe to our newsletter, see our upcoming groups and offerings, and how to get involved!

**[WWW.POSITIVESPACENETWORK.CA](http://WWW.POSITIVESPACENETWORK.CA)**



psncoordinator  
@rockonline.ca



@positivespacenetworkCA



Call/Text  
289-208-0886  
905-320-0740



@psn.halton



@PSN\_Halton



## PAY WHAT YOU CAN GENDER GEAR

Do you need help accessing gender affirming gear such as binders, gaffs, packers or breast forms? Please scan the QR below to find our form or for more info, email us at

[psncoordinator@rockonline.ca](mailto:psncoordinator@rockonline.ca)



## ROCK'S VIRTUAL WALK-IN COUNSELLING

The Walk-In Counselling Clinics are offered virtually **Monday, Tuesday and Wednesday** from **9:00am to 3:00pm**, with later appointments available.

Walk-In sessions can be accessed by calling ROCK's Live Answer at **289-266-0036**.

The Clinic provides quick access to therapeutic intervention, as it enables caregivers or youth under 18 to see a trained therapist or counsellor at their chosen moments of need.

The entire family or individual family members are welcome to attend the Virtual Walk-In Clinic.

**Please request a 2SLGBTQ+ therapist if you prefer to speak with someone to explore and seek support regarding questions surrounding gender identity, and/or sexuality.**

## FOR MORE INFO, PLEASE CONTACT



### Live Answer Service

Monday to Friday, 9am-5pm  
**289-266-0036**



### Chat live with our digital assistant, Quinn

Monday to Friday, 9am-5pm  
**www.rockonline.ca**



### 24/7 ROCK Crisis Line

**905-878-9785**