

DROP IN AND “CHAT”



Do you have questions about your child’s behavioural, social or emotional development?

Would you like to connect with ROCK?

Please join us during Drop-In Playtime and “CHAT” with a Mental Health Consultant!

A “CHAT” SESSION COULD BE:

- An informal “CHAT” with a ROCK Mental Health Consultant about any questions parents may have about parenting or their children’s behavioural, social or emotional development or at the parent’s request!
- A confidential session with a ROCK Mental Health Consultant that will take the place of the need to contact ROCK Intake to engage in Consultation or Therapy Services.

EarlyON Staff will provide childcare at the parent’s request during this time.

ALDERSHOT LOCATION

645 PLAINS RD. EAST
9:30-11:30AM
MONDAYS

January 6
February 3
March 2

ST. MARKS LOCATION

2145 UPPER MIDDLE RD.
4:00-6:00PM
TUESDAYS

January 28
March 24
April 21

CUMBERLAND LOCATION

710 CUMBERLAND AVE
4:00-6:00PM
THURSDAYS

January 16
February 13
March 12
April 16