



Support for Parents of Toddlers & Preschoolers (12 mos - 4 yrs)

Do you have a toddler or preschooler? Trying to navigate Parenting? Kids don't come with a how-to manual! Join our Facebook Group and tune in as our Parent Educator and guest speakers provide up-to-date information, tips and discussion.



Camilla's Parenting Chat
Tuesdays starting at 9:30 a.m.

- Sept 3 Back to school/daycare! Balancing the school, work, life balance with little ones.
- Sept 10 Picky Eaters
- Sept 17 We're sick again! Common childhood illnesses. What to do to help your little one.
- Sept 24 Child Development. Is my child meeting their milestones?
- Oct 1 Building resilience in young children.
- Oct 8 CLOSED
- Oct 15 Time in vs. Time out. Being your child's emotional coach
- Oct 22 Guest Speaker, Eleni Opperwall, Parent-child therapist. Separation anxiety in toddlers/preschoolers.
- Oct 29 The importance of free play