



Support for Parents of Infants

(0 – 12 mos)

Infants develop and change very rapidly and there is so much conflicting information about what to do! Join our Parent Educator and guest speakers for up to date information, tips and discussion with other parents.

**Central Library (2331 New Street)
Children's Program Room, 2nd Floor
Tuesday afternoons
1:30**

- May 14 Children and Technology: Growing up in the Digital Age
- May 21 Finding Quality Childcare with guest speaker, Saman Asif, Childcare Directory and information Line. <https://thrc.ca/ccdil>
- May 28 Separation Anxiety
- June 4 Starting Solids
- June 11 Infant Temperament
- June 18 Baby Proofing and Home Safety
- June 25 Car Seat Safety with guest speaker, Julie Fluit PHN and Car Seat Technician
- July 2 What is Infant Flathead: Prevention and Treatment Options. Guest Speaker, Becki Westover, Certified Orthotist www.appletreorthotics.com