




Support for Parents of Toddlers & Preschoolers

(12 mos - 4 yrs)

Do you have a toddler or preschooler? Trying to navigate Parenting? Kids don't come with a how-to manual! Join our Facebook Group and tune in as our Parent Educator and guest speakers provide up-to-date information, tips and discussion.

 **Reach Out Centre for Kids/Early Years Programs
Tuesdays starting at 9:30 a.m.**

- Jan 8 Why Does My Child Lie?
- Jan 15 We're Sick Again! Common Childhood Illnesses and What to do as a Parent to Help Your Little One
- Jan 22 Physical Literacy: What is it and Why is it Important for my Toddler or Preschooler?
- Jan 29 I'm Concerned! How to Know if Your Child's Development is on Track
- Feb 5 Help! How do I answer my children's questions about sexuality & gender?
- Feb 12 Supporting Toddlers and Preschoolers with Separation Anxiety. Guest Speaker, Eleni Opperwall
ROCK Parent/Child Therapist
- Feb 19 Aggressive Behaviours: Biting, Kicking & More
- Feb 26 Risky Play: What is it and Why Do Our Kids Need It?
- Mar 5 Toilet Learning
- Mar 12 Closed