



Support for Parents of Toddlers & Preschoolers

(12 mos - 4 yrs)

Do you have a toddler or preschooler? Trying to navigate Parenting? Kids don't come with a how-to manual! Join our Facebook Group and tune in as our Parent Educator and guest speakers provide up-to-date information, tips and discussion.



Reach Out Centre for Kids/Early Years Programs
Tuesdays starting at 9:30 a.m.

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| Oct 23 | Toilet Learning |
| Oct 30 | Picky Eaters |
| Nov 6 | Positive Discipline |
| Nov 13 | How Does Growing Up in a Digital Age Affect Your Child's Development |
| Nov 20 | Sibling Rivalry |
| Nov 27 | Is it Sensory, Motor or Behavioural? Sorting out the confusion when it comes to your child. Guest Speaker Joanne Schmidt, Occupational Therapist |
| Dec 4 | Closed |
| Dec 11 | Creating a Healthy Home Environment in a World Full of Plastic |
| Dec 18 | Finding Balance During the Holidays |