

The logo for PAH! is written in a colorful, playful font with the letters 'P' in blue, 'A' in pink, 'H' in green, and an exclamation point in purple. It is contained within a white speech bubble shape.

Mental Health Services for Deaf and Hard of Hearing Youth and Families



Who we are

PAH! provides free specialized mental health services for Deaf and hard of hearing children, youth, and families and hearing children of Deaf adults. We support any level of hearing loss, the use of any type of assistive device, and respect any choice of communication. The PAH! program is a partnership between ROCK Reach Out Centre For Kids and the Bob Rumball Canadian Centre of Excellence for the Deaf.

PAH! provides confidential family-centred care where everyone is treated with respect and dignity. The services we provide are collaborative and strength-based as well as linguistically and culturally accessible. To facilitate access and communication, services are provided by/in:

- American Sign Language (ASL)
- ASL/English Interpreters
- Spoken Language Interpreters
- Deaf Interpreters

Did you know?

In American Sign Language (ASL) PAH! means “Finally!” or “At last!” PAH! expresses a sense of joy mixed with relief that the mental health needs of children and families within the Deaf and hard of hearing communities are being addressed.

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In partnership with:



Breaking down barriers for Deaf and Hard of Hearing Youth and Families

Who is eligible for PAH!?

- Deaf and hard of hearing children and youth (birth to 18) and their families
- Hearing children and youth (birth to 18) of Deaf parents / caregivers
- Students of Ernest C. Drury School up to age 21



PAH! staff are trained professionals who can help with problems such as:

- School Issues
- Grief Counselling
- Relationship Issues
- Separation and Divorce
- Depression / Anxiety / Worries
- Bullying / Cyberbullying
- Self-harm
- Physical/Sexual Abuse
- Family Conflict
- Family Communication Challenges
- Questions about Identity



Our services include:

- Individual Therapy
- Family Therapy
- Group Therapy
- Parent/Sibling Support
- Service Coordination
- Advocacy
- Training and Education
- Consultation with other Agencies providing service to Deaf Clients

PAH!



For more information or to make a referral, please contact us:

Voice calls: **416-449-9651 ext. 440** | Email: **pah@rockonline.ca** | Skype: **pah_milton**

Website: **rockonline.ca** | **bobrumball.org** | TTY calls: **416-449-2728** | Fax: **416-449-8881**

PAH! is located on the Ernest C. Drury School for the Deaf Campus | 255 Ontario Street South, Milton, ON L9T 2M5