



ROCKTM
REACH OUT CENTRE FOR **KIDS**

CLINICAL SUPERVISION **SERVICES**

College of Registered Psychotherapists of Ontario,
AAMFT and other supervision requirements

TO BOOK A CLINICAL SUPERVISION SESSION, PLEASE CONTACT:

Karen Young | kareny@rockonline.ca

ROCK'S HEAD OFFICE BURLINGTON
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ROCKONLINE.CA

Accredited by
Children's Mental Health Ontario

CLINICAL SUPERVISION AT ROCK

ROCK Reach Out Centre for Kids provides supervision to therapists who are seeking clinical consultation and reflective supervision as part of their ongoing professional development and in order to meet requirements of colleges such as the College of Registered Psychotherapists of Ontario.

AVAILABLE IN-PERSON OR ONLINE

We provide individual in person supervision at our Oakville, Burlington or Milton sites, as well as the opportunity for distance supervision through virtual, online sessions. We offer group (3-8 supervisees) clinical supervision to therapists who prefer the experience of conversations that include others.

TIMES:

The times can be individually negotiated. Supervision groups are available as per agreed upon joint scheduling.

WHY WORK WITH ROCK SUPERVISORS?

- Experienced and highly competent supervisors who work within an accredited children's mental health centre.
- Leadership and expertise - ROCK is the MCYS appointed Lead Agency for children's mental health services in Halton.
- Supervisors who train within Canada and internationally.
- Supervisors who work within an organization that engages in leading edge research and program evaluation across the province.
- Supervisors who are linked to a community of practitioners and researchers.

LOCATIONS:

- 504 Iroquois Shore Rd., Unit 12A, Oakville
- 471 Pearl St., Burlington
- 400 Bronte St.S., Suite 101, Milton

FEES:

- \$100 for a 60-minute individual supervision
- \$75 per person for a 90-minute paired supervision
- \$50 per person per 90-minute group supervision (max 8 people)

OUR SUPERVISORS:

Karen Young, M.S.W., R.S.W.

Karen is the Manager of ROCK's Centre of Learning and the Director of the Windz Institute, operated by ROCK. Windz, located in ROCK's Oakville office, provides training and workshops in Brief Narrative Therapy. Karen is an institute faculty teaching many of the Windz workshops and certificate programs. She provides supervision to interns, organizes and designs training, oversees research projects, and for over 14 years has supervised and provided single session therapy at the ROCK walk-in therapy clinic. Karen has provided consultation and clinical training to many organizations in Ontario, across Canada, and internationally regarding re-structuring service pathways to include brief services such as walk-in clinics. She has been teaching narrative and brief narrative therapy for over 25 years and is a therapist with 30 years of experience working with children and families.

Karen has contributed numerous publications regarding applications of brief narrative therapy and research in brief services and walk-in therapy. She co-authored the Brief Services Online Course for CMHA Ontario (Duvall, J. & Young, K., 2015) and co-authored the Brief Services policy paper for the Ontario Centre of Excellence for Child and Youth Mental Health (Duvall, J., Young, K., Kays-Burden, A., 2012), No more, no less: Brief Mental Health Services for Children and Youth. Karen was the lead in the first in Ontario Brief Services Evaluation Project, 2014, a multi-organization evaluation of brief services.

Karen has a great deal of knowledge and passion for narrative practices and is one of the few trainers who can teach the traditional aspects of the approach and new evolutions in the thinking. She has particular expertise in the application of narrative in brief and walk-in therapies. Karen is regarded as a trainer who conveys narrative ideas in very clear and useable ways.

Shari Lecker, M.Ed., RP

Shari has a master of education specializing in counselling psychology from McGill University. She is a Registered Psychotherapist and a therapist with 24 years experience working with children and families. For the last 10 years Shari has been a Manager of Clinical Services at ROCK Reach Out Centre for Kids where she provides leadership to a multidisciplinary clinical team including supervision to clinical staff, psychology residents, interns and graduate students.

Shari has a passion for training and mentoring counsellors and therapists and she was awarded Excellence in Social Work Practicum Teaching from Laurier University. Shari oversees ROCK's Walk In Counselling Clinic and provides supervision, consultation, assessment, and single session and brief therapy. Shari adheres to a strength based, client focused approach in her clinical intervention. She has a strong theoretical background and extensive applied practice using evidence based models such as Narrative Therapy, Cognitive Behavior Therapy and Attachment Focused Therapy. Since Shari's first introduction to Narrative Therapy, externalizing conversations that are transparent, collaborative and non-pathologizing resonated deeply within her and she immersed herself in narrative workshops, readings, and practice. Today Shari supports the practice of those who consult her in ways that enhance their narrative skill development. In her role at ROCK Shari has also been integral to the configuration, implementation and training of ROCK's clinical database and how to create in-session documentation practises using technology.

Angela Johnson, M.Div, R.M.F.T.

Angela has a Master's degree in Counselling and Spirituality from Tyndale University College and Seminary. She continued her education with a specialty in couple and family therapy from the Interfaith Institute for Couple and Family Therapy at KW Counselling. Angela is a Clinical Fellow with the American Association for Marriage and Family Therapy and the Ontario Association of Marriage and Family Therapy. She has been a therapist for over 17 years, working with children, their families and couples, in both agency and private practice settings. For the last 10 years, Angela has been a family therapist at Reach Out Centre for Kids (ROCK) and has supervised students and interns as part of ROCK's Centre of Learning. Angela utilizes an integrated, client-centered approach to therapy based on these evidence-based models; Family Systems (Bowen) Therapy, Narrative Therapy, Attachment Focused Therapy, Emotionally Focused Therapy and Cognitive Behavioural Therapy. As a supervisor, Angela adheres to a reflective and isomorphic process.

Please contact Karen Young at kareny@rockonline.ca to book your supervision session.